

# The Kapers

Issue #13 1st April 2025



Presents  
**BOOT SCOOTING** ★  
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**AT THE KALANNIE TOWN HALL**

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## INSIDE THIS ISSUE...

MELISSA PRICE SUPPORTING KALANNIE HOCKEY CLUB, KALANNIE COMMUNITY ASSOCIATION AGM NOTICE, COACH WANTED, KALANNIE KIDS, KALANNIE FOOTY CLUBS VICTORIAN JOURNEY, DALLY SHIRE NOTICES - LEASE OF KALANNIE CARAVAN PARK & WASTE SERVICES, HEALTH - RURAL AID ARTICLE, EMBRACE NEIGHBOURHOOD DAY .....AND MORE

# The Kapers is produced by the Kalannie Community Resource Centre

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## Opening Hours

Mon - 9.30am - 4.30pm

Tues - 9.30am - 4.00pm

Wed - 9.30am - 4.00pm

Thur - 9.30am - 4.00pm

Fri - 9.30am - 4.00pm

The Kapers is a free electronic weekly newsletter and runs for 50 weeks.

Submission deadline for advertising is Monday 1.00pm

Email submissions to: [kapers@kalannie.com.au](mailto:kapers@kalannie.com.au)

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The Kapers is supported by the



Department of  
Primary Industries and  
Regional Development

Welcome to  
KALANNIE

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Half Page \$25

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\*Prices subject to change\*



Kalannie

Community Resource Centre

*Your local connection*



# Community Sport Notices



**Melissa Price MP**

March 27 at 5:26 PM ·



👉 Supporting Regional Clubs 👉

I was pleased to speak with Ricki Fulwood today, President of the [Kalannie Hockey Club](#), to confirm that an elected Liberal Government will deliver \$7,480 towards the purchase of two new portable hockey goals. I am proud to deliver meaningful investments like this one that will enable better training and playing opportunities. The Albanese Labor Government has ignored the needs of grassroots clubs. Only the Liberals have a plan to support our regional sporting communities and get Australia back on track 🇺🇸



# Wheatbelt Community Calendar

March




Sun	Mon	Tue	Wed	Thur	Fri	Sat
30	31					1
2	3 Labour Day Public Holiday	4	5 Tiny Tots First Aid @ the CRC	6	7	8
9	10 Move With Ashlee Classes Start	11	12	13 Kalannie Women's Winter Sport General Meeting @5.30pm the Kennel	14 Breastscreen WA in Dally	15 Dally Community Celebration Day
16	17	18	19	20	21	22
23	24	25	26	27	28	29

**Disclaimer:** The views expressed in articles published in this newsletter are not necessarily the views of the Kalannie CRC or any volunteer who may work to produce this publication. The Editor has the right to withhold, edit or abbreviate any items as considered necessary. No responsibility is accepted for the accuracy of the information presented. No liability is accepted. Thank you



# Wheatbelt Community Calendar

April

Sun	Mon	Tue	Wed	Thur	Fri	Sat
		1	2	3	4	5 Bootscooting @ the Kalannie Hall 
6	7	8	9	10 KCA AGM 7.00pm @ KSRC	11	12 Round One Winter Sports @ Kalannie  Kalannie BYE
13	14	15	16	17	18 Good Friday	19 Easter
20 Easter Sunday 	21 Easter Monday	22 Dally Shire Council Meeting in Kalannie@ KSRC 4.00pm	23	24	25 ANZAC Day 	26 Mukinbudin vs Kalannie
27	28	29	30			

kapers@kalannie.com.au  
Phone: 9666 2194

Submissions to be received prior to  
1pm Mondays

\$2.00 PRINTED  
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Click [HERE](#) to Subscribe

# Shire Notices

*Place of wheat and wattle....*

## Rubbish & Recycling Calendar 2024 - 2025



### Shire of Dalwallinu Recycle Calendar 2024-2025

July 2024						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August 2024						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2024						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2024						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2024						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2024						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2025						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
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23	24	25	26	27	28	

March 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
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23	24	25	26	27	28	29
30	31					

April 2025						
S	M	T	W	T	F	S
		1	2	3	4	5
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20	21	22	23	24	25	26
27	28	29	30			

May 2025						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2025						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

#### Recycle Days

- Wubin, Buntine & Kalannie
- Dalwallinu & Pithara
- Christmas Day



#### WHAT CAN GO INTO YOUR RECYCLE BIN

- Glass - All glass and ceramics, whole and broken
- Plastic - All plastic containers and plastic wraps (empty with lids off)
- Paper - All paper, junk mail and glossy magazines
- Cardboard - All cardboard products
- Aluminium & Steel - All metals, steel & aluminium excluding aerosol cans
- Liquid Paperboard - Milk, juice and laundry detergent cartons.

There will be changes to the general waste service in Buntine, Wubin and Kalannie over the Christmas Period.

# Community Notices



**Kalannie Community Association Inc.**  
**Annual General Meeting**  
10<sup>th</sup> April 7.00pm @ The KS&RC




Present  
Apologies  
Minutes previous meeting  
Correspondence  
President's report  
Financial report  
Election of office bearers  
Motions  
Member reports  
General business  
Meeting closed

**NUTRIEN AG COUNTRY  
CHAMPIONSHIPS**

**COACH WANTED**

**CENTRAL WHEATBELT FOOTBALL LEAGUE  
IS SEEKING APPLICATIONS FOR A SENIOR  
COACH FOR THE 2025 NUTRIEN AG  
COUNTRY CHAMPIONSHIPS IN PERTH ON  
THE 11TH -13TH JULY.**

*To register your interest or for further information  
please contact League President Rebecca  
Fuchsbichler on 0417 900 431 or email Lauren  
Yates on [centralwheatbelt@outlook.com](mailto:centralwheatbelt@outlook.com)  
Closing 5pm Sunday 13th April 2025.*

 **Central Wheatbelt** Football League



## From the Principal

### Assembly

Congratulations to our 2025 Student Council for running a wonderful assembly on Tuesday 6th March. Well done to our awards winners.

Merit Certificates: Charlize Onn, Lauren Smith, Hazel Haggerty, Ariella Makala, Heath Ashworth and Ava Williams

Aussie of the Month: Harper McCreery and Rylie Talag

### Term Dates

Term 1 finishes on Friday 11th April 2025

School Development Day Monday 28th April 2025

Term 2 begins for students on Tuesday 29th April 2025

School Development Day Friday 30th May 2025

WA Day public holiday is Monday 2nd June 2025.

Term 2 finishes on Friday 4th July 2025.

### Learning Journey and End of Term ANZAC Assembly

We look forward to having many parents and community members join us on Wednesday 9th April for our Learning Journey and ANZAC Assembly. Classroom will be open from 1.30pm for Learning Journey with our Assembly beginning at 2.00pm. Mr Graeme Brookes will be in attendance with his RSL Memorabilia Trailer for students and parents to peruse.

### Farewell for Now

As I approach my final weeks as Principal of Kalannie Primary School, I find myself reflecting on the profound impact this community has had on me. While I am excited about the next chapter in my career as Collegiate Principal, it is with a heavy heart that I say goodbye to Kalannie Primary. Since joining this remarkable school in 2008, I have been privileged to grow both personally and professionally, and I will always cherish the relationships I have built here.

# Kalannie Kids

The support, guidance, and encouragement I have received from our dedicated staff, students, parents, and the broader community have been truly invaluable. Your trust and collaboration have been a constant source of inspiration, and I carry these memories with me as I step into this new role.

I have no doubt that you will extend the same warm welcome to the incoming Principal, and I am confident their time here will be just as fulfilling and rewarding as mine has been. Although we do not yet know who the new Principal will be, I will be sure to share this information with you as soon as it is confirmed.

Once again, thank you for your unwavering support. It has been an honour to serve as your Principal.

Rebecca Chown  
Principal



## Interschool Swimming Carnival

Congratulations to our students for achieving pleasing results at the Interschool Swimming Carnival last Friday. I have received some great feedback on our student's behaviour which is wonderful to hear. Congratulations to Westin Onn for being awarded Junior Boy Runner-Up and Tawanashe Gwete who was recognised with the Sporting Spirit award for Kalannie.

A huge thank you to all the staff and parents who volunteered to fulfil roles on the day, your support and assistance was very much appreciated.

Rebecca Chown  
Principal



# Kalannie Kids

## ART



This term in Art we have been learning about how texture in artwork can add depth, interest and a sense of touch to our work. The junior room students had fun scrunching brown paper to make their ant homes look like real sand, and the students used sponges and paper towel to create the ocean home for their crabs. The senior room students painted bubble wrap to give their nightscape trees a unique texture and added balloons to their self portraits to add a "pop" of interest.

## 2025 Term 1 Planner

8	24 NAPLAN Ends	25	26 	27	28 T20 - Dowerin (3-6) 	29	30 
9	31	1 APR	2	3	4	5	6
10	7	8	9 Anzac Assembly & Learning Journey	10	11 END OF TERM	12	13
	14	15	16	17	18 PUBLIC HOLIDAY GOOD FRIDAY	19	20



# Kalannie Kids

## Science! Look! Listen!

Investigation: Does sound travel better through a solid than through air?

Findings: Yes, the sound was louder with the string placed around our ears than away from our ears.



## Year 3-6 Sustainability

This term in Technologies we have been looking at sustainability. The students have been learning about different materials that are sustainable and how they can be used as a good alternative for construction materials and how this benefits the environment. Year 6s have also been exploring alternative energy sources and how they work to provide electricity.

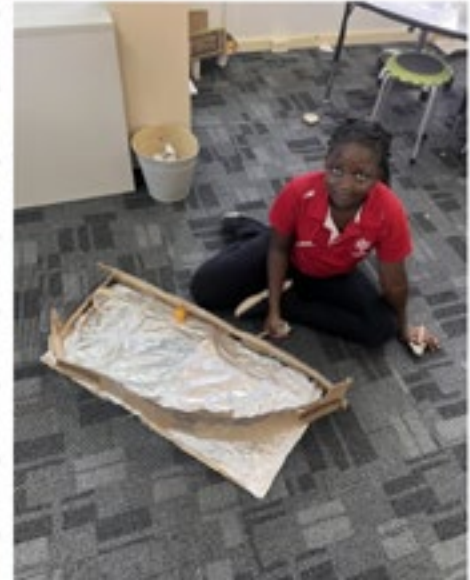




# Kalannie Kids

## Senior Room Science

In Science the Senior Class created mini friction games! They had to find where the friction was going to occur during their game and how to reduce or increase it to make their game more fun.





# KALANNIE AGQUIP

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**Ask us to order something in for you!**

## Contact

MARK: 0407 640 614  
JULIE: 0400 722 790  
SHOP: 9666 2179  
admin@kalannieagquip.com.au

## Shop Hours

MON - FRI: 7.30 AM - 5.00PM  
SAT: 7.30AM - 12.00PM

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Ag Solutions



# Kochii Eucalyptus Oil has rebranded to become Fasera.

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Now, operating as Fasera, we produce carbon credits, biochar, wood vinegar and eucalyptus oil via our carefully selected and managed estates of oil mallee trees on land owned by local farmers. Whilst we are changing and expanding, our roots remain firmly in Kalannie, the wheatbelt and Western Australia.



To find out more about our offerings and to purchase Eucalyptus Oil products go to [fasera.com](https://fasera.com)



**fasera**







Now stockists of Market City Meats, freshly cryovaced packs of beef, lamb, pork, poultry and a variety of butcher made sausages.

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**New Phone Number**  
**9666 2040**

**TRADING HOURS**

Monday – Friday 6.00am - 5.30pm  
 Saturday - 7.00am -12.00pm  
 Sunday – 9.00am - 12.00pm  
 Public holidays 9.00am-12.00pm



**Kalannie Community Resource Centre**  
Your local connection



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**BECOME A CRC MEMBER**

Sign up for a family or personal membership  
 All Kalannie CRC members get:

- Free computer use
- 2 x 1 hour free conference room hire
- Free video conferencing

Email the CRC for a membership form at [kalanniecrc@kalannie.com.au](mailto:kalanniecrc@kalannie.com.au) or drop in to pick up a form

# Health and Wellness

AUS  
mTBI



The Australian  
Mild Traumatic  
Brain Injury Study

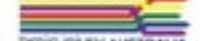
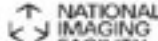
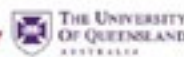
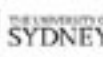
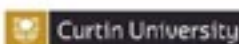
## Concussion Study



**Have you, or someone you care for, had a concussion?**

Download **HeadCheck** for personalised concussion recovery support

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AUS-mTBI Jan 2025. This study has been approved by the Alfred Hospital Ethics Committee [ID 95470] and is funded by the Australian Government Medical Research Future Fund, Mission for Traumatic Brain Injury (APP2015762).

\*Conditions apply see website for details.



# Country WA football club travels 3,300km to honour mate with pre-season game

By Bransen Gibson

By Brianna Melville

By Natasha Schapova

ABC Midwest & Wheatk

Mon 24 Mar 2025 at 10:25am



Kalannie and Bannockburn faced off in a pre-season Saturday night friendly. (ABC Geelong: Natasha Schapova)

## In short:

The Kalannie Bulldogs from WA's Wheatbelt have travelled to Victoria to play the Bannockburn Tigers in a pre-season friendly.

About 100 people made the trip from WA to honour Jack Satchell, a former player from both teams.

## What's next?

The clubs say there is talk of Bannockburn visiting the tiny town of Kalannie in the future.



Two football teams from country towns on opposite sides of Australia have faced off in Victoria to honour a late mate who belonged to both clubs.

Over the weekend, the Kalannie Bulldogs from the Central Wheatbelt Football League in Western Australia made the 3,300-kilometre journey to face the Bannockburn Tigers from the Geelong and District Football League.

Kalannie is a small town in WA's Wheatbelt region, about 260km north-east of Perth, while Bannockburn is half an hour west of Geelong.

A 100-strong contingent of Bulldog players and supporters made the journey — almost two thirds of the town's population, which is 147 according to the 2021 census.



A sizeable crowd from Bannockburn came out to meet the Kalannie supporters. (ABC Geelong: Natasha Schapova)

Despite being named the premiers of the Central Wheatbelt Football League last year, senior coach Matt Murray said the Bulldogs went into the game expecting a "David and Goliath" battle.

"We're coming in as underdogs," he said.

**"I've got close friends that are helping out, and previous players. I'm tipping us by five points."**

Mr Murray admitted the team had taken a relaxed approach to the friendly game, making the trip as an opportunity to share some drinks with their Victorian rivals.

"We've had a few beers and enjoyed this trip as well, so the lead up to the game isn't technically what we normally would do in the lead up to a season match," he said.

Each team spent time in front throughout the Saturday evening game, before the Bulldogs kicked some late goals to secure a 8.9 (57) to 6.10(46) win.

However, members of both clubs agree that "winning" was not the point of the match.



Senior coach Matt Murray says Kalannie went into the game against Bannockburn as underdogs. (ABC Geelong: Natasha Schapova)



## A special connection

Former Kalannie football club president Garry Crossman explained the two clubs shared a connection going back three decades.

"Back in the 90s ... a group of lads came over from Bannockburn to work on local farms in the area of Kalannie," Mr Crossman said.

"Right at that time the footy club had just come out of recession and was looking to get back into the comp and was struggling for numbers.

"The lads were all reasonably handy football players and joined up with the club ... they came for a year and stayed for 10.

**"At that time, just by virtue of having those four or five lads, it kind of saved our footy club and brought us through to where we are today."**



Ryan Ekert and DJ Acres celebrate Kalannie's 2024 premiership win in the Central Wheatbelt Football League.  
(Supplied: Dani McCreery)



One of the original Bannockburn players who went to WA in 1993 was Jack Satchell, who passed away last year aged 53.

Bannockburn coach Ronnie Pilgrim said the idea for the weekend's footy game came during a visit to Bannockburn by some Kalannie members after Mr Satchell's death.

"This game has kind of been a result of that friendship and Jack's passing kind of brought the opportunity for us to play," he said.

"We had a couple of the lads from WA come over ... last year and watch one of our games.

"It started off with a bit of banter ... Doug said they'd win and we said we'd win and it sort of snow balled from there, so the WA boys thought, 'Bugger it, let's come over and see who wins.'"



Ronnie Pilgrim says the idea for the game came about after Kalannie players visited Bannockburn following a mate's passing. (ABC Geelong: Natasha Schapova)

## Catch-up 'with lifelong friends'

Mr Pilgrim said it was "no mean feat" for the WA team to make the trip and he hoped Bannockburn could visit the tiny town of Kalannie in the future.

"I think with Kalannie making the effort ... we'd be pretty keen to look at that in the future," he said.

Nigel Trezise, who was one of Mr Satchell's close friends, returned to Bannockburn after spending what he described as "the best era of his life" in Kalannie.



The Bannockburn Tigers offered their hospitality to the Kalannie Bulldogs at the weekend. (ABC Geelong: Natasha Schapova)

Looking around on Saturday night, Mr Trezise said there were many familiar faces from his days in Kalannie.

"As soon as you see their faces, you're like, 'I know who that is,'" he said.

"It's been so good, the last three days, catching up with lifelong friends."

Mr Trezise said he was sure Mr Satchell was there in spirit.

**"He'd love this, he'd be in his element," he said.**

"I'm sure he's here watching over us."

# Shire Notices



## EXPRESSIONS OF INTEREST

### LEASE OF KALANNIE CARAVAN PARK

Council is seeking expressions of interest for the lease of, and the day-to-day management of the Kalannie Caravan Park for a period of three (3) years, from 15 May 2025, with an option to renew for a further three (3) years subject to Council approval.

Further information specifying the lease is available from the Shire Office on 08 9661 0500 or email [ceo@dalwallinu.wa.gov.au](mailto:ceo@dalwallinu.wa.gov.au).

No offer necessarily accepted.

Offers in writing will be accepted until **2pm, Wednesday 16 April 2025** and should be sent to:

**Expression of Interest – Lease of Kalannie Caravan Park**

Chief Executive Officer

Shire of Dalwallinu

PO Box 141

**DALWALLINU WA 6609**

Or

Email: [tenders@dalwallinu.wa.gov.au](mailto:tenders@dalwallinu.wa.gov.au)



# Shire Notices



## **SHIRE OF DALWALLINU RFT2425-09 – PROVISION OF WASTE & REFUSE DISPOSAL SERVICES**

The Shire of Dalwallinu is seeking an experienced Contractor to provide Waste & Refuse Disposal Services to the Shire of Dalwallinu for a five (5) year period.

All requests for tender documentation can be directed to Jean Knight on 9661 0500 via email [ceo@dalwallinu.wa.gov.au](mailto:ceo@dalwallinu.wa.gov.au).

All tenders must be received prior to the tender deadline, contained in a sealed envelope, clearly marked with the tender number and tender name and lodged in the tender box situated in the office of Shire of Dalwallinu, 58 Johnston Street, Dalwallinu WA 6609, by post to PO Box 141 Dalwallinu 6609 or emailed to [tenders@dalwallinu.wa.gov.au](mailto:tenders@dalwallinu.wa.gov.au).

Tenders close at 2pm, Wednesday 16 April 2025.

**Jean Knight**  
**Chief Executive Officer**

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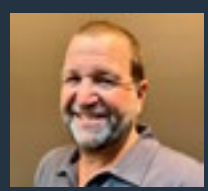


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**Chris - 0427 088 173 / Steve - 0429 662 033**





28 March 2025

**With Senior Regional Officer for Midwest – Natasha Pirrottina**

### **Want out of your gym membership? Here's how to flex your rights**

You signed up to a gym, bought the fancy water bottle, and maybe even attended a few classes. But now your enthusiasm for early-morning gains or after-work downward dog is running on empty.

Before you resign yourself to months of paying for a membership you never use, you'll be pleased to know you are protected by Western Australian law when it comes to fitness service providers.

The Fitness Industry Code of Practice (the code) applies to gyms and fitness centres, and providers such as personal trainers, boot camps and yoga classes.

Issues with cancelling memberships is the most common complaint Consumer Protection receives when it comes to fitness service providers.

Should you decide the gym is no longer for you, you do not need to attend in-person to cancel your membership, and you will not be required to use a specific form. Cancellations can be requested by a simple email, with the membership to finish no more than 30-days from the date you gave notice.

You should receive written confirmation of your request to cancel within seven days and the provider should let you know the amount and date of the last payment, which could include a reasonable termination fee. After this, any direct debits should automatically stop. It's also up to the fitness provider to cancel the direct debit with any third party they use to collect fees.

If you can no longer continue your membership due to illness or injury, then your written notice to the provider must also include a medical certificate. In this case, the cancellation will occur immediately, and you can only be charged for any fitness services you have already used but not paid for.

Cooling off periods are in force for new memberships meaning you have up to seven days to cancel and you should only pay for administration costs or services used.

High pressure sales tactics and harassment can sometimes follow a cancellation request, but these practices are banned under the code.



# Consumer Watch



Department of Energy, Mines,  
Industry Regulation and Safety



Keeping up training? Then it's worth giving your membership agreement a health check to make sure it includes a summary statement to help you understand your responsibilities and it should also state whether it involves an ongoing month-to-month renewal or is a fixed term contract of no longer than 12 months. You must be notified before your membership is automatically renewed.

For more information on the Fitness Industry Code of Practice visit:  
<https://www.consumerprotection.wa.gov.au/publications/was-fitness-code>

If you think your fitness service provider is breaching the code, try and resolve it with them first. Otherwise, call 1300 30 40 54 or email [consumer@demirs.wa.gov.au](mailto:consumer@demirs.wa.gov.au) for advice.

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P | (08) 9631 1006

#### NORTHAM

A | 29 York Road  
PO Box 259, WA 6401  
P | (08) 9622 6344

#### WONGAN HILLS

A | 131-139 Wongan Road  
PO Box 125, WA 6603  
P | (08) 9671 1211

[www.boekemans.com.au](http://www.boekemans.com.au) | [sales@boekemans.com.au](mailto:sales@boekemans.com.au)





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Wongan Hills 6603

**Phone: 9671 1655**

Mobile: 0428 415 089

Email: [eion@what.net.au](mailto:eion@what.net.au)

Website: [www.what.net.au](http://www.what.net.au)



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**Saritha Marais**

Wongan Hills  
0429 579 541

[www.summitfertz.com.au](http://www.summitfertz.com.au)



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# Community Notices



**DONATE THE CASH  
THAT'S IN YOUR  
CONTAINERS TO  
**KALANNIE P&C****

Just use our scheme ID number:

**C10350369**

**Bring your eligible containers to:**

**KALANNIE IGA CARPARK**

Look for the shuttle. Free bags located inside the store. Please place our ID number inside the bag.

## **PLEASE NOTE:**

All bags placed in the shuttles will be considered a donation to Kalannie P&C.

Collection points for personal drop offs are located in Dalwallinu and Wongan Hills.

### ELIGIBLE CONTAINERS

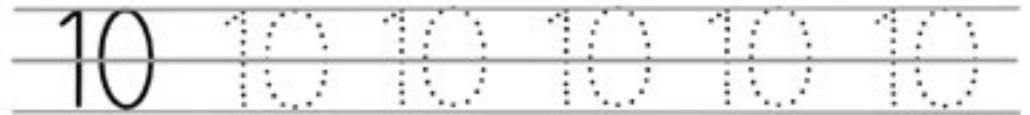


Most glass, plastic, aluminium, steel and paper-based cartons between 150mL and 3L .

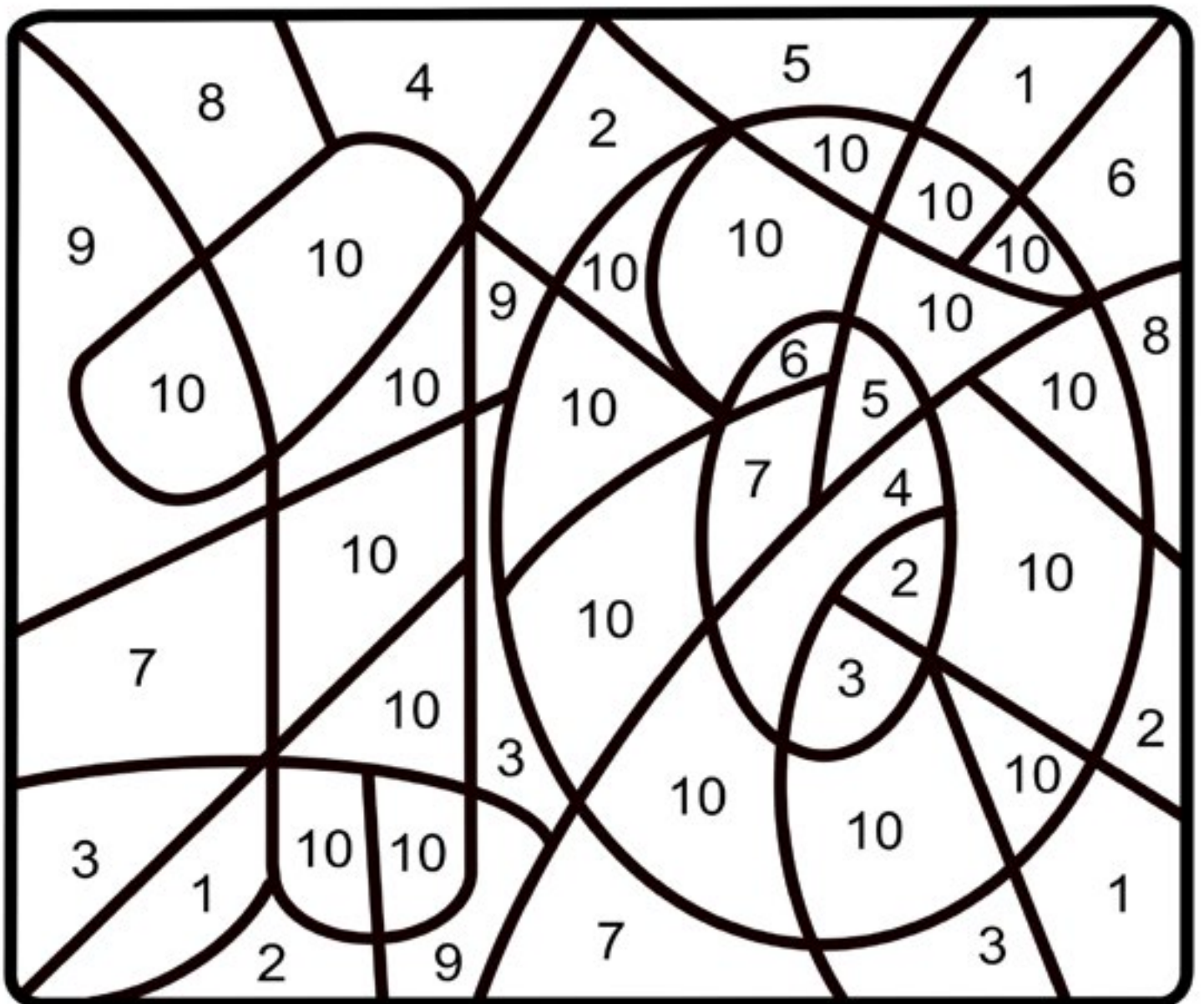




# Ten



Colour all the shapes with the number 10

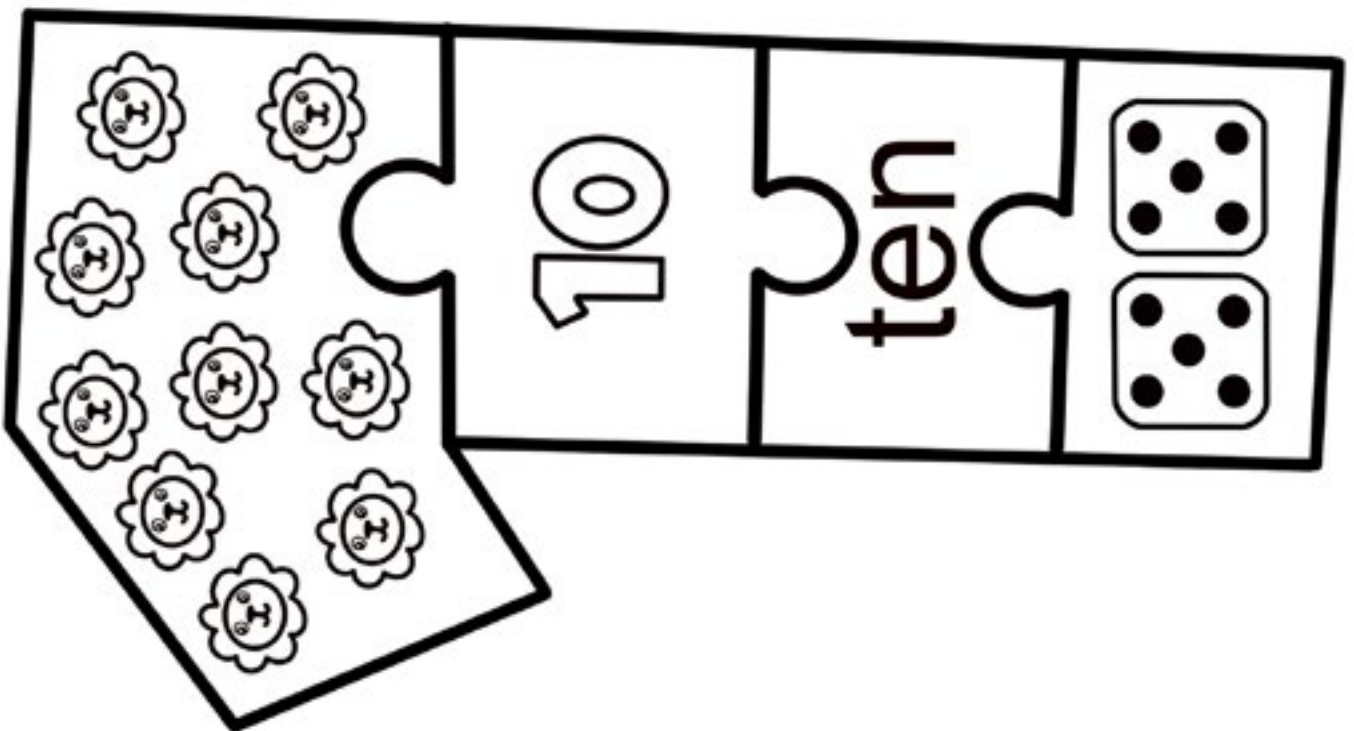
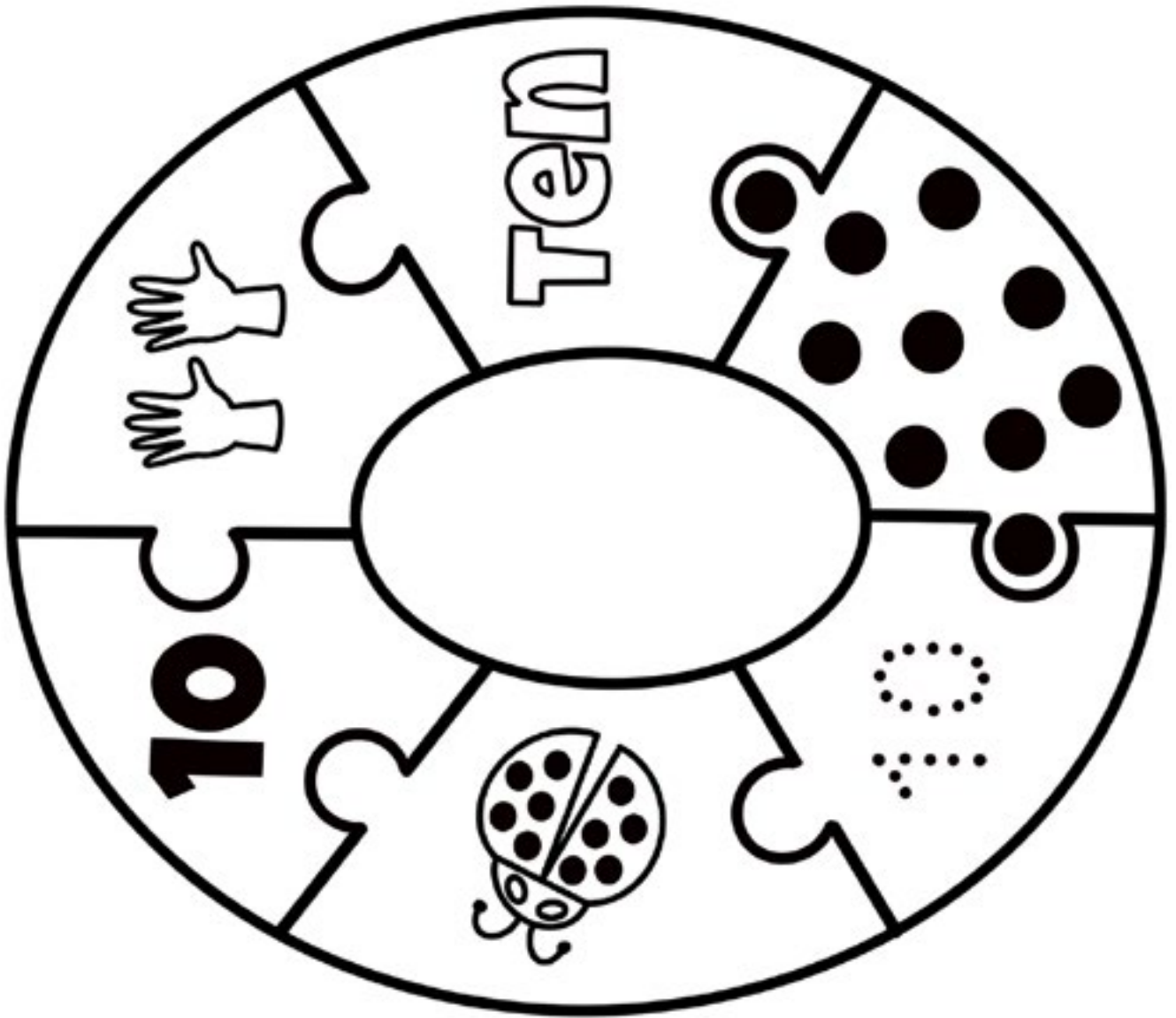






# KIDS

# PUZZLES



# CENTRAL WHEATBELT 2025 WINTER SPORTS FIXTURES



## ROUND ONE

<p>12th April 2025 ALL SPORTS TO BE PLAYED IN KALANNIE</p> <p>Bencubbin v Koorda Beacon v Mukinbudin Kalannie BYE</p> <p><b>DELTA AG ROUND</b></p>	<p>26th April 2025</p> <p>Mukinbudin v Kalannie Beacon v Bencubbin Koorda BYE</p>	<p>3rd May 2025</p> <p>Kalannie v Koorda Mukinbudin v Bencubbin Beacon BYE</p>	<p>10th May 2025</p> <p>Koorda v Beacon Bencubbin v Kalannie Mukinbudin BYE</p>	<p>17th May 2025</p> <p>Beacon v Kalannie Koorda v Mukinbudin Bencubbin BYE</p> <p><b>BELT UP ROUND</b></p>
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## ROUND TWO

<p>24th May 2025</p> <p>Koorda v Bencubbin Mukinbudin v Beacon Kalannie BYE</p>	<p>31st May 2025</p> <p>CWNA Country Week BYE</p>	<p>7th June 2025</p> <p>Kalannie v Mukinbudin Bencubbin v Beacon Koorda BYE</p>	<p>14th June 2025</p> <p>CWLHA Country Week BYE</p>	<p>21st June 2025</p> <p>Koorda v Kalannie Bencubbin v Mukinbudin Beacon BYE</p> <p><b>THINK MENTAL</b></p>	<p>28th June 2025</p> <p>Beacon v Koorda Kalannie v Bencubbin Mukinbudin BYE</p>	<p>5th July 2025</p> <p>Kalannie v Beacon Mukinbudin v Koorda Bencubbin BYE</p> <p><b>NAIDOC ROUND</b></p>
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## ROUND THREE

<p>12th July 2025</p> <p>CWFL Country Week BYE</p>	<p>19th July 2025</p> <p>Bencubbin v Koorda Beacon v Mukinbudin Kalannie BYE</p>	<p>26th July 2025</p> <p>Mukinbudin v Kalannie Beacon v Bencubbin Koorda BYE</p> <p><b>BENDIGO ROUND</b></p>	<p>2nd August 2025</p> <p>Kalannie v Koorda Mukinbudin v Bencubbin Beacon BYE</p>	<p>9th August 2025</p> <p>Koorda v Beacon Bencubbin v Kalannie Mukinbudin BYE</p>	<p>16th August 2025</p> <p>Kalannie v Beacon Koorda v Mukinbudin Bencubbin BYE</p>
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<p>CBH Group Finals Series</p>	<p>23rd August 2025 Semi-Finals - Mukinbudin</p>	<p>30th August 2025 Preliminary Final - Kalannie</p>	<p>6th September 2025 Grand final - Beacon</p>
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## Mindful March 2025

### SATURDAY SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

<p>1 Set on intention to live with awareness and kindness</p>	<p>2 Notice three things you find beautiful in the outside world</p>	<p>3 Start today by appreciating your body and that you're alive</p>	<p>4 Notice how you speak to yourself and choose to use kind words</p>	<p>5 Bring to mind people you care about and send love to them</p>	<p>6 If you find yourself rushing, make an effort to slow down</p>	<p>7 Take three calm breaths at regular intervals during your day</p>
<p>8 Eat mindfully. Appreciate the taste, texture and smell of your food</p>	<p>9 Take a full breath in and out before you reply to others</p>	<p>10 Get outside and notice how the weather feels on your face</p>	<p>11 Stay fully present while drinking your cup of tea or coffee</p>	<p>12 Listen deeply to someone and really hear what they are saying</p>	<p>13 Pause to watch the sky or clouds for a few minutes today</p>	<p>14 Find ways to enjoy any chores or tasks that you do</p>
<p>15 Stop. Breathe. Notice. Repeat regularly</p>	<p>16 Get really absorbed with an interesting or creative activity</p>	<p>17 Look around and spot three things you find unusual or pleasant</p>	<p>18 Have a 'no plans' day and notice how that feels</p>	<p>19 Cultivate a feeling of loving-kindness towards others today</p>	<p>20 Focus on what makes you and others happy today</p>	<p>21 Listen to a piece of music without doing anything else</p>
<p>22 Notice something that is going well, even if today feels difficult</p>	<p>23 Tune into your feelings, without judging or trying to change them</p>	<p>24 Appreciate your hands and all the things they enable you to do</p>	<p>25 Focus your attention on the good things you take for granted</p>	<p>26 Choose to spend less time looking at screens today</p>	<p>27 Appreciate nature around you wherever you are</p>	<p>28 Notice when you're tired and take a break as soon as possible</p>
<p>29 Choose a different route today and see what you notice</p>	<p>30 Mentally scan your body and notice what it is feeling</p>	<p>31 Discover the joy in the simple things of life</p>				





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# Health and Wellness



Rural Aid March 2025

Recently from the 13<sup>th</sup> March to the 21<sup>st</sup> March I went on a networking and community visit trip where the little Mazda clocked 1970kms. Hard job I know and even through not very green the wheatbelt still delivers with great scenery reminding me of how lucky I am to call this region home.

Those who I met and spoke to on my trip, the stories shared good and bad reminded me of how our people in this region are also amazing, welcoming and passionate about their communities.

This trip saw me going from Narrogin through Quairading, Bruce Rock to the Mount Marshal show, on to Dalwallinu, Perenjori, Mingenew, Morawa down to Moora through Carnamah and Coorow, home then on to Wandering, Cunderdin and Kellerberrin. Most towns had received rain which varied from over 70mm to 5mm in no specific pattern.

I have listed where I went as the concerns and worries raised by people in each town were very similar. On top of the usual stressors and concerns that regional living and farming presents the conversations I had all included the following. Concerns about the sheep industry, the election results where country people are feeling even more 'them and us' from those in cities; The firearm legislation and how no one really knows what is what feeling they are being treated like criminals; rising costs and how even though a lot of people are trying their towns have people leaving resulting in less and less services. Another big subject the 3g to 4g network debacle and now having less service.

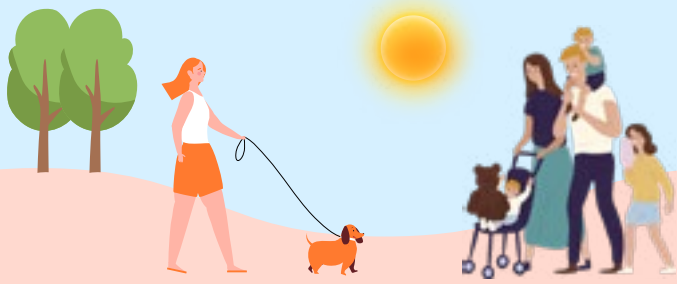
So please everyone here's a reminder. What I also saw were amazing people all getting together sharing their concerns, looking out for each other and talking to each other. CRCs and shires were organising or had held events for community. The Wandering breakfast and the Mt Marshal show saw just as much laughter as concerns raised. Most importantly people were able to be there for each other, support each other, remind each other that we are not in this alone and don't need to be in this alone.

We can do what we have control over, we can voice our opinion through a grass root movement or write to a minister. We can also ensure that we every day remind ourselves to be there for others, every day is an 'R U OK' day, be there for our Family, mates and our community. Most carry phones so call a mate. Or we can organise a get together.

Most importantly be a bit selfish, be there for yourself, listen to your whole self and act. When you, your mind or your body has 'that feeling' I'm not OK reach out. Even though one of the hardest things to do, taking a lot of strength, I can tell you people do really care and are there for you. You do matter to more than you realise.



# Health and Wellness



## Fostering connection in shared spaces

Whether you're living in an apartment, estate or house, opportunities to connect with the people around you are crucial for your health and wellbeing.

Small interactions, such as a nod or hi to a neighbour, can bring joy to your day. But how do we bring people together in a way that leads to more meaningful connections?

Based on existing communities across Australia, we've put together low/ no cost ways neighbours and residents can facilitate connection, as well as considerations when developing ideas.

### Weekly Walk

Organise a weekly walk that people join on their own, with family or pets. This is a great way to schedule exercise while also encouraging conversation.

### Community Garden

Growing a garden or vegetable patch in a shared space is a great way to get outdoors and connect over shared interests.

### Parent group

Being home alone with a new baby can be lonely. Organising time for parents to come together with their little ones means adults get to socialise and babies get to interact.

### Monthly excursion

Already have plans but would like some company? Invite people along to local activities or places you intend on going.

### Dinner exchange

Cook your favourite dish and exchange with a neighbour so they get to experience your food and culture, and you theirs.



## Connection considerations

When bringing people together, the environment is just as important as the activity itself. Apply these four tips to foster a culture of connection.

### 1 Make a habit of it

Don't make it a one off. Try to schedule a time or day a week, so people can build it into their routine. Doing this also gives more opportunities for people to join when they're ready.

### 2 Get the word out

Some simple ideas for promoting your connection opportunities include; a notice board in unit blocks, an agenda item at strata, street posters and community groups (such as facebook).

### 3 Break down barriers

Connecting doesn't always come easy. Some people may struggle turning up to a new group. If you're hosting an activity, consider how people are welcomed and perhaps have a dedicated person initiating conversation.

### 4 Make it doable

Try to make it easy for yourself and others to commit to. If people feel like they can come along, when possible, it will ease the pressure and make the experience more enjoyable.

For more connection ideas, visit [Neighbours EveryDay](#)

# Health and Wellness

## SPOT THE SIGNS of loneliness

Loneliness affects people from all walks of life.

Everyone's experience is different but there are some **signs you can look out for** in yourself or those around you.

### What you might **hear**

We all express ourselves in differently.

Below are just some examples of what someone may say if they're feeling lonely.

- No one understands me.
- I don't have anyone to turn to or talk to.
- I don't fit in/ feel accepted/ belong.
- I feel lost/ empty.
- No one has my back.
- Why don't people like me? What's wrong with me?
- You can't trust people.
- I think I'm just different.



### What you might **see**

You can be surrounded by people and still feel lonely. And, you can be alone and not feel lonely.

Do not assume someone is or isn't lonely based on who is around them. Instead look out for some of the below signs.

- Avoiding or withdrawing from others to prevent rejection.
- 'Soft' requests to connect as to not to burden others. For example 'I would love to catch up but no pressure at all, I don't want to put you out'.
- Poor eye contact and/ or withdrawn body language.
- Less engaged in conversations and work.



**JOEY SHARES HIS SIGNS.**  
**WATCH.**



### What you might **notice**

Life changes such as losing a loved one, moving countries, relationship breakdown, job loss, becoming a parent, starting university/ school can make someone more vulnerable to loneliness.



# Health and Wellness

## HOW TO HELP SOMEONE feeling lonely

### What to **say**

Feeling lonely can be difficult to talk about. By starting an open non-judgemental conversation you will create a safe space for your friend, colleague or family member to open up.

Keep the conversation **open** and **encouraging**, such as:

- When is a good time for us to connect?
- What can I do to help?
- What do you enjoy doing?
- Is there someone that you feel comfortable connecting with?
- What has made you feel connected in the past?

Avoid making **assumptions** or **dismissing** feelings, such as:

- You have no reason to be lonely, you have friends/ family/ people around you.
- It's probably just a lull, you'll feel better soon.
- Just go out then.
- You should do [activity].
- You will feel better once you do [activity].

### What to **do**

#### **Learn about loneliness**

Understanding loneliness will help you recognise the signs and have supportive conversations.

#### **Include them**

Keep connecting and inviting them to do things with you. They might not say yes, but having options and knowing people care will help them feel included.

#### **Suggest something new**

If their interests have changed they might want to connect with likeminded people. Explore our [Directory](#) for ideas.

#### **Don't take it personally**

If your friend or family member feels lonely, it doesn't mean they don't like you. The type of connections we want or need can change, it's normal.

# Health and Wellness

## MENTAL HEALTH AND WELLBEING TIPS:



### GET ENOUGH SLEEP AND REST

Sleep affects our physical and mental health and can be the first thing we trade in when we get busy or stressed.



### SCHEDULE TIME FOR THINGS YOU ENJOY

Balance in life is important, so taking time out for things you enjoy can make a difference to how you think and feel.



### BE ACTIVE AND EAT WELL

Our physical and mental health are closely linked, so ensure that you are exercising and eating nutritious food.



### NURTURE RELATIONSHIPS AND CONNECT WITH OTHERS

Our connection to others is what keeps us strong, especially during challenging times. Ensure you have people to connect with (face-to-face, over the phone or virtually).



### ENSURE YOU ARE ADOPTING STRATEGIES TO MANAGE YOUR STRESS LEVELS

If you are having trouble relaxing or managing intrusive thoughts, the websites below provide an array of tips and tools that can assist you.



### MAKE A 'TASKS LIST'

Break large tasks into smaller, more manageable tasks which can be prioritised in order of importance.



### FOCUS ON WHAT YOU CAN CONTROL

Direct your time, energy, and resources towards things you have direct influence over, rather than things outside of your control (weather/climate, government regulations, commodity markets).



### BRING OTHERS TO THE TABLE

Another set of ears and a logical brain can help with processing and retaining information.



### KEEP THE LINES OF COMMUNICATION OPEN

Schedule regular farm business meetings and don't avoid making decisions.



### KEEP IN REGULAR CONTACT WITH INDUSTRY PEERS, GROWER GROUPS AND CONSULTANTS

They are sources of trusted and valuable information and can also be a good social connection.



### PREPARE AND PLAN FOR THE UNEXPECTED

Contingency planning can avoid further stress.



### BE AWARE OF THE RISKS ASSOCIATED WITH BEHAVIOURS OR COPING STRATEGIES THAT ARE UNSAFE AND PUT YOURSELF AND OTHERS AT RISK

Unsafe alcohol consumption, misuse of prescription medication and use of illicit drugs.



### TAKE TIME TO PAUSE, BREATHE AND REFLECT

A simple moment of reflection helps us connect our minds with our feelings. It enables us to connect what's happening around us with what's going on in our heads and hearts. Taking the time to ask the right questions of ourselves, and time to get a thoughtful answer, gives us perspective, direction and clarity. By taking time to pause and slow down our breathing (deep circular breaths), we slow down a racing heart, reducing the symptoms of stress headaches and muscle tension.



### PARTAKE IN HELP SEEKING BEHAVIOURS

Please see below for information on Support Services and Helplines available.



### ORGANISE AN INFORMATION SESSION OR WORKSHOP:

Increasing your own and others understanding of the risks, protective factors, unsafe/risky behaviours, coping strategies, wellbeing, and community resilience is a powerful tool in improving empathy, connections and the overall safety within a community. Please contact Holyoake's Prevention Team if you would like to organise an information session or workshop for your community. Email

[JDrayton@holyoake.org.au](mailto:JDrayton@holyoake.org.au) or [Jordyn.Drayton@holyoake.org.au](mailto:Jordyn.Drayton@holyoake.org.au)



# Health and Wellness

CRISIS LINES	
<p><b>Lifeline</b></p> <p>Lifeline WA provides all Western Australians experiencing a personal crisis or thinking about suicide with access to 24-hour crisis support and suicide prevention services.</p>	<p><b>13 11 14</b></p> <p><a href="#">Lifeline WA</a></p>
<p><b>Suicide Call Back Service</b></p> <p>Suicide Call Back Service is a free nationwide service providing 24/7 phone and online counselling to people affected by suicide.</p>	<p><b>1300 659 467</b></p>
<p><b>Beyond Blue</b></p> <p>Beyond Blue as a reliable source of mental health information, support, and hope.</p>	<p><b>1300 224 636</b></p> <p><a href="#">Beyond Blue</a></p>
<p><b>MensLine Australia</b></p> <p>MensLine Australia is a telephone and online counselling service offering support for Australian men anywhere, anytime.</p>	<p><b>1300 789 978</b></p> <p><a href="#">MensLine Australia</a></p>
<p><b>Drought Response Hotline</b></p> <p>The Drought response hotline is available 24/7 hotline for farmers to speak to a trained operator who will be able to connect callers with grant information and services most relevant to their needs.</p>	<p><b>1300 489 832</b></p> <p><a href="#">Drought Response WA</a></p>
<p><b>Kids Helpline</b></p> <p>Kids Helpline is Australia's only free, confidential 24/7 online and phone counselling service for young people aged 5 to 25.</p>	<p><b>1800 551 800</b></p> <p><a href="#">Kids Helpline</a></p>
PLACE-BASED SUPPORTS	
<p><b>Holyoake</b></p> <p>Holyoake give Western Australians impacted by alcohol, drugs and mental ill health the support, hope and confidence they need to live the life they choose.</p>	<p><b>9621 1055</b></p> <p><a href="#">Holyoake</a></p>
<p><b>Head to Health (co-located with Holyoake)</b></p> <p>Mental health support for adults (18+ years) with their own or another's mild to moderate mental ill health.</p>	<p><b>6383 8040</b></p> <p><a href="#">Head to Health Northam</a></p>
<p><b>Rural Aid</b></p> <p>Rural Aid provides critical support to farmers affected by natural disaster through financial, wellbeing and fodder assistance.</p>	<p><b>1300 327 624</b></p> <p><a href="#">Rural Aid</a></p>
<p><b>The Regional Men's Health Initiative</b></p> <p>The Regional Men's Health Initiative is a team of people who are passionate about raising awareness of men's health and wellbeing in regional, rural, and remote communities throughout WA.</p>	<p><b>9314 1436</b></p> <p><a href="#">The Regional Mens Health Initiative</a></p>

## Rural West

Rural West provide a free, confidential, mobile, independent financial counselling service to regional small businesses and all primary production enterprises in WA.

**1800 612 004**

[Rural West](#)

## Wheatbelt Mental Health

Including: Adult Mental Health Service, Child & Adolescent Mental Health Service, Aboriginal Mental Health Service & Seniors Mental Health Service.

**9621 0999**

[WA Country Health Service](#)

## Amity Health

Amity Health provide a range of funded health and community programs across the Wheatbelt region.

**9842 2797**

[Amity Health](#)

## Headspace

headspace Northam is a free and confidential service for young people aged 12-25. Their service is designed to make it as easy as possible for a young person and their family to get the help they need for problems affecting their wellbeing.

**9621 5000**

[Headspace Northam](#)

## WEBSITES FOR INFORMATION & RESOURCES

### ifarmwell

ifarmwell is a free online tool kit to help farmers cope effectively with life's challenges and get the most out of every day, regardless of the circumstances they face.

[ifarmwell](#)

### National Centre for Farmer Health

The National Centre for Farmer Health supports farmer mental health through research; education; prevention-focused mental health resources including Managing Stress on the Farm, Steering Straight and Campfire; and support services including a farmer health trained online psychology platform.

[National Centre for Farmer Health](#)

Managing Stress on the Farm walks farmers, farming families, farm workers, and farming communities through the common causes of stressors on farms and offers practical ways to deal with them. It also includes the Steering Straight plan, which helps individuals manage their mental health with practical, valuable steps.

Free to download via: [Managing Stress on the Farm Booklet](#)

### TIACS

TIACS is a free, confidential phone and text counselling service offering mental health support to farmers, blue-collar workers and those that care about them Australia-wide.

**0488 846 988 (Mon-Fri 8am-10pm AEST)**

[TIACS](#)

### Head to Health

Head to Health helps everyone access the mental health and wellbeing services that are right for them. It makes it easier to navigate and choose the most suitable care options, whether that's face-to-face, via phone, or online.

[Head to Health](#)

For more information  
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Use the free self service facilities at our Access Points to connect with Centrelink, Medicare and other government programs and services.

At our Access Points you can:

- use our computer to access my.gov.au and other government programs and services and to search for jobs
- use the telephone to access our self service options or to speak to us
- access free Wi-Fi 24/7 to connect to government services—no password required
- scan, print, fax and photocopy documents
- have your identity documents certified
- pick up brochures.

## Your local access point is:

Kalannie Community Resource Centre  
67 Roche Street  
Kalannie WA 6468



Australian Government  
Services Australia



servicesaustralia.gov.au



# Access Point

## At a Services Australia Access Point you can:



use our computer to access **my.gov.au** and other government programs and services and to search for jobs



use the telephone to access our self service options or speak to us



access free Wi-Fi 24/7 to connect to government services. No password required



scan, print, fax and photocopy documents



have your confirmation of identity documents certified

There are no Services Australia staff at Access Points. If you need more help, use the telephone provided to call us directly.

## Your local Access Point is:

### Kalannie Community Resource Centre

**Address:** 67 Roche Street

#### Hours of business:

Monday 9.30am - 4.30pm, Tuesday 9.30am-3.30pm,  
Wednesday 9.30am - 3.30pm, Thursday 9.30am - 4.00pm,  
Friday 9.30am - 3.30pm

To find other Access Point locations go to **servicesaustralia.gov.au**

## Self service

You can use your myGov account to access your Centrelink, Medicare and Child Support online accounts. Go to **my.gov.au**

You can also access our services through the Express Plus mobile apps.

For more information go to **servicesaustralia.gov.au/selfservice**

## Centrelink phone self service

Phone self service **136 240**  
To report your income and changes to your circumstances **133 276**

## How to contact us

Go to **servicesaustralia.gov.au** for more information about payments and services or call the listed '13' or '1800' number most relevant to your situation.

ABSTUDY	<b>Freecall™ 1800 132 317</b>
Assistance for Isolated Children	<b>132 318</b>
BasicsCard balance enquiry	<b>Freecall™ 1800 057 111</b>
Centrelink debt repayment	<b>Freecall™ 1800 076 072</b>
Child Support	<b>131 272</b>
Disability, Sickness and Carers	<b>132 717</b>
Families	<b>136 150</b>
Farmers and their partners	<b>132 316</b>
Financial Information Service	<b>132 300</b>

#### For information in other languages:

- Centrelink **131 202**
- Medicare and Child Support **131 450**

Grandparent Advisers	<b>Freecall™ 1800 245 965</b>
Income Management and BasicsCard	<b>Freecall™ 1800 132 594</b>
Indigenous Call Centre	<b>Freecall™ 1800 136 380</b>
Indigenous debt repayment	<b>Freecall™ 1800 138 193</b>
Job seekers	<b>132 850</b>
Low Income Health Care Card	<b>132 490</b>
Medicare	<b>132 011</b>
Medicare Aboriginal and Torres Strait Islander Access Line	<b>Freecall™ 1800 556 955</b>
National Redress Scheme	<b>Freecall™ 1800 737 377</b>
Older Australians	<b>132 300</b>
Students and trainees	<b>132 490</b>
<b>TTY* enquiries</b>	<b>Freecall™ 1800 810 586</b>
Complaints and feedback	<b>Freecall™ 1800 132 468</b>

Call costs from your home phone to a:

- **13 number** from anywhere in Australia may vary depending on the call plan you have chosen from your telephone service provider—mobiles may incur a higher charge.
- **1800 number (Freecall™)** are free—calls from a public phone and mobiles may be timed and charged at a higher rate.

\* TTY is only for people who are deaf or have a hearing or speech

impairment. A TTY phone is required for this service.



Australian Government  
Services Australia



servicesaustralia.gov.au



# Kalannie Community Directory

COMMUNITY GROUP	CONTACT PERSON	EMAIL
Isolated Children & Parents Ass	Jane Lang	bresland.farming@gmail.com
Kalannie Bowling Club	Andrew Moore	andrew.tracy@westnet.com.au
Kalannie Community Ass	Catherine Hudson	kca@kalannie.com.au
Kalannie Community Church	Helen Nixon	rnixon7@bigpond.com
Kalannie CRC	Catherine Hudson	kalanniecrc@kalannie.com.au
Kalannie Cricket Club - Jnr	Kate McCreery	jkmccreery.family@outlook.com
Kalannie CWA	Jodie Lyndon-James	kalanniecwa@gmail.com
Kalannie Fire Brigade	Rowan McCreery	rowanmaccreeery@hotmail.com
Kalannie Football Club	Garry Crossman	garrycrossman@rocketmail.com
Kalannie Golf Club - Men	Grant Hudson	ghuddo22@gmail.com
Kalannie Ladies Hockey Club	Ricki Fulwood	kalanniehockeyclub@gmail.com
Kalannie Netball Club	Rebecca Chown	kalannienetballclub@gmail.com
Kalannie P&C	Gabrielle Severin	kalanniepandc@gmail.com
Kalannie Playgroup	Lexi Wasmann	lexiwasmann@icloud.com
Kalannie Sporting & Recreation Club	Melissa Harms	ksrc@live.com.au
Kalannie St John Ambulance	Stewart Benton	stewartbenton@bigpond.com
Kalannie Tennis Club	Stacey Hudson	shudson@activ8.net.au
Kalannie Young Farmers	Libby Osborne	wildaizy@hotmail.com





# Kalannie Business Directory

BUSINESS	PHONE	EMAIL
Central Wheatbelt Physiotherapy	0413 901 057	centralwheatbeltphysio@gmail.com
Gypsum Supplies	0429 662 004	daniel@gypsumsupplies.com.au
Hathway Farm Equipment	9666 2034	admin@hathwayfarm.com.au
Hazlett Corner Store	9666 2040	admin@hazlettcornestore.com.au
Kalannie Agquip	9666 2179	admin@kalannieagquip.com.au
Kalannie Caravan Park	9666 2040	admin@hazlettcornestore.com.au
Kalannie CRC	9666 2194	kalanniecrc@kalannie.com.au
Kalannie Contractors	9666 2033	kalcont@bigpond.com
Kochii Oil	9667 1021	hello@fasera.com
Kalannie Post Office	9666 2040	admin@hazlettcornestore.com.au
Kalannie Seed Cleaners	9666 2075	info@seedcleaners.com.au
Kalannie Sporting & Recreation Club	9666 2032	ksrc@live.com.au
Wheatbelt Photography	0429 017 004	wheatbeltphotography@gmail.com
Wheatbelt Vet Service	Dalwallinu - 9661 1290 Wongan Hills - 9671 1108 After Hours - 0428 671 022 (emergencies only)	info@wheatbeltvet.com.au
Wheatbelt Podiatry	0459 580 005	wheatbeltpod@outlook.com

\*Don't see your community group or business listed here? Please submit info (inc phone and email details) to [kapers@kalannie.com.au](mailto:kapers@kalannie.com.au) so we can include it in the next edition.

# Media Release

ABORIGINAL  
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COMMUNITY  
SERVICES

CULTURAL  
AFFAIRS

ECONOMIC  
MANAGEMENT

EDUCATION  
AND TRAINING

EMPLOYMENT

ENVIRONMENT

HEALTH CARE

IMMIGRATION

JUSTICE

MARITIME  
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RESOURCES

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INDUSTRIES

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RECREATION

TOURISM

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